We use Red Tractor or Farm Assured Meat in our schools. We use MSC Certified fish to encourage sustainable fishing practices.

DID YOU

Our seasonal fresh vegetables are sourced from local farms wherever possible and we use Fairtrade products.

FREE SCHOOL MFALS All pupils between reception and year 2 are entitled to a free nutritious school lunch. Everyone automatically gets Universal Infant FREE school meals and can benefit by £458 per child per year. if your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office. SPECIAL DIETS 'f your child requires a special diet for medical reasons, please check out our website <u>www.edwardsandward.co.uk</u> for a full list of FAQs and to complete our online form.

SPRING/SUMMER 2024 St Michael's C of E Primary School

edwards and ward

WEEK ONE

Margherita Pizza with Jacket Wedges (V)(Wg) or Penne with Vegeballs & Tomato Sauce (Ve)(Wg) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day St Clement's Shortbread (Ve)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Penne with Beef Bolognese (Wg) or Veggie Cottage Pie (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Apple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy or Veggie & Stuffing Roll with Roasties & Gravy (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Chocolate Mousse & Pears (V)

Mild & Sweet Chicken Curry with Rice (Wg) or Mac & Cheese (V) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Banana Bread (V)

Fish Fingers or Salmon Fish Fingers with Chips or Quorn Hotdog with Chips (V) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Vanilla Ice Cream & Peaches (V)

15/4/24, 6/5/24, 27/5/24, 17/6/24, 8/7/24, 29/7/24

Margherita Pizza with Jacket Wedges (V)(Wg) or Beany Chilli with Rice (Ve)(Wg) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day

WEEK TWO

Lime Shortbread (Ve)

Cottage Pie <u>or</u> Veggie Chow Mein (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Chocolate & Pear Sponge with Chocolate Custard (V)

Roast of the Day with Roasties, Yorkshire & Gravy or Roasted Butternut Squash with Roasties, Yorkshire & Gravy (V) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Jelly (Ve)

Breakfast for Lunch with Diced Potatoes or Veggie Breakfast for Lunch with Diced Potatoes (V) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Flapjack (Ve)(Wg)

Fish Fingers or Salmon Fish Fingers with Chips or Garden Vegetable Goujons with Chips (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Vanilla Ice Cream & Banana (V)

22/4/24, 13/5/24, 3/6/24, 24/6/24, 15/7/24

Margherita Pizza with Jacket Wedges (V)(Wg) or Penne with Veggie Bolognese (Ve)(Wg) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Vanilla Iced Shortbread (Ve)

WEEK THREE

Pork or Chicken Sausages with Mash & Gravy or Veggie Sausage with Mash & Gravy (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Toffee Apple Sponge with Apple Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy or Quorn Fillet with Roasties, Stuffing & Gravy (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Chocolate Mousse & Mandarins (V)

Chicken with Golden Veggie Rice (Wg) or Mac & Cheese (V) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Jammy Dodger Flapjack (Ve)(Wg)

Fish Fingers or Salmon Fish Fingers with Chips or Quorn Dippers with Chips (Ve) Choice of Jackets, Sandwiches or Tomato Pasta Veg of the Day Vanilla Ice Cream & Fruit Cocktail (V)

29/4/24, 20/5/24, 10/6/24, 1/7/24, 22/7/24

Wholegrain 1 бN Vegan 1 Ve Vegetarian

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Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily