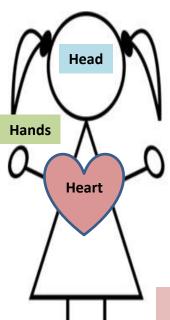
Forest School supports 'Holistic Development.'

Learning touches the needs of the whole person: mind (head), body (hands) and spirit (heart).

(Williams-Siegfredsen, 2012).



Intellectual development and cognitive skills are expanded through self-directed learning, problem solving and critical thinking.

Physical development that builds self-esteem and confidence through sensory experiences which promote resilience through supported risk taking and meeting challenges.

Emotional intelligence is increased through the practise and modelling of healthy social relationships. Creative and spiritual potential is realised through regular engagement with the outdoors.

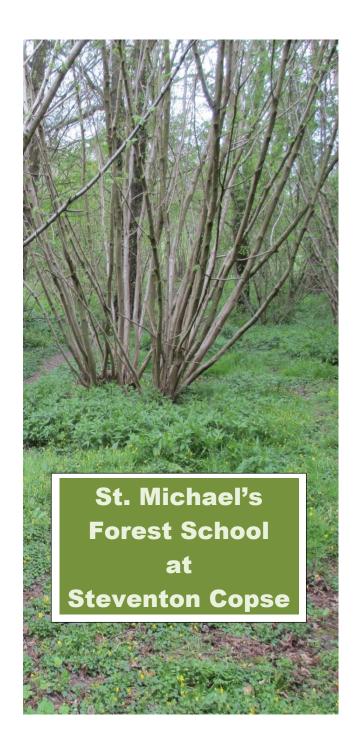
Our Vision Statement

St. Michael's Forest School is a place where we are inspired by the beautiful, natural surroundings of the Village's woodland copse. It's where children are free to learn, play and face challenges creatively, together or independently, at their own pace. It is a safe setting in which we build up our confidence and self-esteem through hands on experiences. Where we take the time to foster great respect and understanding for our natural world and learn how to care for the environment.

For more information on Forest School ethos and principles please visit: http://www.forestschoolassociation.org

St. Michael's Forest School Leader is Sandra Jaeger, Class Teacher and Level 3 Forest School qualified.

For more information or if you would like to be involved in St Michael's Forest School, please contact St. Michael's CE Primary School Office at 01235 831298 or email office3241@st-michaels-pri.oxon.sch.uk



Why Forest School?

Forest School is a specialised learning approach that offers all learners regular opportunities to gain confidence and self-esteem through hands-on experiences in an outdoor setting.

Forest School incorporates the marvels and challenges of the natural world through the seasons to fill every Forest School session with discovery and difference.



What is Forest School?

- Pupil led learning linked to the National Curriculum
- The freedom to explore using multiple senses, whilst learning to assess and manage risk
- Small achievable tasks and challenges that teach resilience
- The safe use of our local copse all year round when possible
- A high ratio of adults to children
- Focus on developing self-esteem and emotional intelligence
- Learning how to respect and care for the local environment



We encourage you to provide your child with waterproof, protective clothing. However, it is essential that they are equipped with the following:

- Wellington boots or waterproof walking boots.
- Layers of clothing appropriate for the temperature and the season
- Long trousers (boys and girls)– all seasons, even summer
- Hat (for sun or warmth depending on the season)
- Warm socks in winter.
- Gloves in winter (preferably water-resistant)

