Our topic this term is "**All About Me**" Our big idea this term is "**We are all alike**. **We are all different**."

This term, we will be discussing who we are and learning more about our bodies and our feelings.

Through this topic, we are hoping to explore:

- All people have feelings that can be shared and expressed in many ways.
- We can learn to respect other people's feelings.

• Each of us is unique.

- There are similarities and differences among people.
- Our bodies are made of many parts.
- People's bodies grow and change.

We will provide opportunities for children to explore these concepts through the resources and experiences we provide during their play. As we are learning through play and we follow the interests of the children, we never know where the topic can take us! It may be that your children lead us somewhere we haven't anticipated on the list above.

# Acorn Class Termly Newsletter Term 1 2020

#### Welcome back to school! The story we will be learning this term is "The Three Little Pigs". A PDF copy of this story and the story telling actions will be posted on Tapestry.

The song we are learning this term is **"I've Got Two Eyes"** which is an old Sesame Street classic. A link to a video of the song will be posted on Tapestry.

## **Contacting Us**

We would love to talk to you about your child. Due to the current situation, speaking with you at drop off and pick up times will be difficult. If there is something you need to discuss, it would be best to send an email. We will get back to you as soon as we can.

#### cbennett@stmichaelspri.co.uk

If you have an urgent query, please send an email to office.3241@st-michaels-pri.oxon.sch.uk or ring the school office 01235 831 298..

We will be communicating most of the information about Acorn Class using Tapestry this year, so if you have not yet set up your account or are having any trouble accessing it, please let us know so we can get you up and running.

#### Supporting Your Child's Learning at Home

There are many ways you can help your child develop their own understanding of the concepts listed above:

- Label emotions for your child. For example, if they are happy, model language such as, "You look really happy." Alternatively, if they are upset or cross, talk about it. "I can see you are really cross."
- Talk about and/or label your own feelings or the feelings of family members or friends as they occur. Discuss with your child what might make people feel the way they do. If someone is upset, you can discuss what you might do to help them to feel better.
- Measure your child. Measure different members of your family and talk about your child's size in relation to each of them. (We have spare measuring tapes if you need one!)
- Most children at this age can label many parts of the body such as eyes, ears, nose, mouth, arms, legs, tummy, and head. Discuss and label additional parts of the body, such as wrists, elbows, neck, shoulders, waist and hips. Talk about how the different parts of the body help us to move.
- Look in a mirror with your child. Talk about their hair colour and eye colour. Talk about the hair colour and eye colour of the different members of your family or your friends.
- Trace your child's hands or feet and trace the hands and feet of different family members. Talk about how they are the same and how they are different.
- Discuss likes and dislikes with your child. Talk about how different people may like or dislike different things. Some things to talk about could be toys, foods, or activities.
- Please make sure to read with your child every day. Please speak to us if you are in need of books at home.

#### Health and Self-Care

Over the course of the year, we will be learning about how people can keep healthy by making healthy food choices, exercising, getting enough sleep and following good hygiene practices, such as brushing teeth and washing hands. We will also learn about how people can keep safe by learning to understand the need for safety when tackling new challenges and being able to consider and manage some risks. Please take the time to discuss these things with your child at home as well.

Part of the Early Years Foundation Stage curriculum is to develop independence in selfcare. We will be working with children to help them dress independently and to take care of their toileting needs independently in preparation for starting school. Children are able to do a lot by themselves but it does take time. When getting dressed in the morning or before bedtime, try to allow extra time so you can help your child to do this all by themself.

#### **Parent/ Carer Helpers**

When government guidance allows, we will invite you to spend some time in Acorn Class. There will be a sign-up sheet on the door of the classroom. If you have any spare time and would like to come in and work with the children and staff, we would love to see you. Some of the things you might be doing include, reading with a small group of children, doing art activities, playing games or as our wood working bench is now fully operational, help the children to learn how to use the resources and supervise the use of this equipment. It is a great opportunity for you to see how our classroom works and what your child is learning.

We will keep you posted as to when we will be able to have volunteers in the classroom.

### End of Term Performance

We usually have a storytelling and singing performance in the classroom at the end of every short term.

We are hoping to be able to do this outside and will let you know if it will be feasible and the dates as soon as possible.



Mrs Claire Bennett



Mrs Lindsay Collins

#### Who We Are



Mrs Kara Mundy



Mrs Helen Sayers



Miss Sarah Brown